

Cloverline

March/April 2010

Forsyth County 4-H
1450 Fairchild Drive
Winston-Salem, NC 27105
336-703-2850
[http://www.forsyth.cc/
CES](http://www.forsyth.cc/CES)
4h@forsyth.cc

Inside THIS Issue

ARIE	2
Nutrition Fair	2
Kid Chef of the Year	2
International Exchange	3
Forsyth Science Club	3
4-H Young Alumni	3
Hill Arts Middle 4-H	3
Proj. Record Winners	3
Talent Show Entry	4
Presentation Entry	4
Ach. Night Review	5
Achievement Medals	5
Calendar	6
Youth of the Year	6
State Vol Award	6



There are many exciting opportunities coming up in the next few months. Read your newsletter closely and make certain that you are on our email list to ensure that you receive updates as they come out. Unfortunately, many of the State 4-H Specialists have not released their themes for their poster contests so that information will be emailed out as soon as it is available. If you would like to have a copy mailed to you through the US mail, please let us know.

THANK YOU for all that you do for 4-H and for participating.

We look forward to seeing YOU at a 4-H event soon.



Making the best better,

April W. Bowman

April Bowman

Donald Mebane

Donald Mebane

April is the Month of the Military Child



If you know of a child whose parents are serving in the military, do something nice for them!

County Council

There will be an important county council meeting on Tuesday, April 13th from 4:30-6:00 PM. Light snacks will be served so please RSVP. We will be discussing youth issues in our community, Summer Programming plans (including t-shirt designs), and much more. This is for any youth ages 11-18 that would like to help plan county events.

4-H Paper Clovers on Sale at Tractor Supply Company

Tractor Supply Company stores will be selling 4-H Paper Clovers from March 26th until April 18th for \$1. Forsyth County 4-H will receive 60% of every clover sold while the other 40% goes to the State and National 4-H programs. One hundred percent goes back to 4-H. Please visit a Tractor Supply Company near you and purchase a clover to make this a successful venture.

State University
A&T State University
**NC COOPERATIVE
EXTENSION**

Empowering People • Providing Solutions

Application, Resume, Interview & Essay (ARIE)

Are you 13 years old or older? Would you like to gain valuable experience at applying for jobs and possibly win a free trip to a National 4-H event? All you have to do is complete a 4-H Resume, a 4-H Job Application and write a personal essay. The top 100 applicants will be interviewed on Monday, July 19th at NC State University. This is an excellent way to get ready for the college application process and job screenings! Applications, Resumes and Essays are due May 3rd by 8 AM. Contact april_bowman@ncsu.edu or at 703-2855 for details and to get the proper format.

CONGRATULATIONS TO OUR 2010 NUTRITION FAIR PARTICIPANTS

Beverages

Olivia Henderson, Blue
BJ Hutchins, Blue
Emma Fulp, Blue

Breads

Lynae Bowman, Blue
Isaiah Mitchell, Blue
Lindsey Beverly, Blue
Samuel Barrick, Blue
Faith Mitchell, Blue

Desserts

Evan Crews, Blue
David Winemiller, Red
Styles Shippy, Blue
Taylor Gallimore, Blue
Sydney Beck, Red
Cayleigh Gallimore, Blue

Main Dish

Hayden Long, Blue
Melanie Crews, Blue
Hunter Stansell, Blue
Katie Winemiller, Red
Kade Henderson, Blue
Cali Fulp, Red
Emily Gilmore, Red
Judah Mitchell, Blue

Snacks

Ashley Richardson, Red
Laura Hutchins, Blue
Isaac Mitchell, Blue

Fruit/Veggies

Bryson Fulp, Blue

Those who submitted entries but were unable to participate due to rescheduling were: Destiny Eller, Hope and Luke Arrowood, Joseph Harker, and Brandon, Brian, Brynna, and Bailey Phagan.

Michaela Smith of Kernersville is the "Kid Chef of the Year" according to the Great American SPAM® Championship.

SPAM® & Cheese Calzone

Ingredients:

- 1 (12 oz) can SPAM® with bacon, diced
- 1/2 cup chopped yellow onion
- 1 fresh jalapeno pepper, seeds removed and finely chopped
- 2 TBS mayonnaise
- 2 tsp stone ground mustard
- 2 cups shredded Colby Jack cheese, divided
- 1 TBS olive oil, divided
- 2 (13.8 oz) packages refrigerated pizza crust
- 2 TBS grated Parmesan cheese

Cooking Directions:

Preheat oven to 425°F. In large bowl, combine SPAM® with bacon, onion, jalapeno pepper, mayonnaise, mustard and 1 cup of cheese; mix well. Lightly brush a jelly-roll pan (15X10X1-inch) with 1 tsp of olive oil. Unroll one package of dough onto the bottom of the pan, gently stretching and pressing the dough to cover the bottom.

Sprinkle the dough with the remaining 1 cup of cheese to within 1-inch of the edge of the dough. Spoon SPAM® mixture over the cheese. Unroll the remaining dough directly over the filling, matching edges of dough and shaping to fit as dough is unrolled.

Press edges of dough to seal. Brush remaining oil over the dough. Make 12 slits, in three rows of four each, into the top of the crust. Bake calzone for 14 to 16 minute or until golden brown.

Remove calzone from oven and sprinkle with Parmesan cheese. Return calzone to oven; bake for an additional 2-3 minutes or until cheese is melted and crust is golden brown.

To serve, cut calzone into squares. Serves 6-8.



NC 4-H INTERNATIONAL EXCHANGE

Twenty-three host families are needed for Japanese exchange delegates and their chaperones before April 30th. They will arrive on Friday, July 23 and depart Thursday, August 19.

All host families must have a child within 2 years of the age of the child they will host and also be of the same gender. All delegates must have their own bed, but can share a room with their host sibling. Families are responsible for all meals and transportation including pick up and return of the child. Health insurance is provided.

To host, complete an exchange application that can be downloaded from <http://ces.ncsu.edu/randolph/4hprogram/exchange/>. You should provide a family picture, submit 3 non-family references and sign a disclosure in order to have a criminal background check for all family members 18 year old and older living in the home. 4-H staff, must complete an in-home interview. All paperwork should be completed and returned to the state exchange coordinator before April 30th.

This may possibly be the LAST year that we are able to host so don't delay!

Forsyth County 4-H Science Club Update

February was a busy month for the 4-H Science Club. Achievement Night our club officers were sworn in and recognized. They are: Meghan Crawford, President; Hosanna Gourley, Vice-President; Isabellla Griffith Moriones, Secretary-Treasurer; Emily Gilmore, Reporter/Photographer, Anthony Willbrandt, Pledge Leader; Blaise Gourley, Snack and Recreation Coordinator; Josiah Gourley, Parliamentarian.

On Saturday, February 20th we participated in the 7th annual Forsyth County Egg Drop at Hanes Mall. We had three teams entered. None of our eggs broke, but we didn't place in the finals. We look forward to improving our designs for next years competition.

We had a business meeting on the 26th to plan out the next six months. In March we will be studying lasers as well as conducting a Magic of Electricity workshop with the fourth grade students at Hall Woodward Elementary School. This meeting was followed by bowling at K-Vegas Lanes in Kernersville.

Young 4-H Alumni Reunion

NC 4-H Alumni ages 19-25 are invited to a service weekend and reunion at Betsy Jeff Penn 4-H Center in Reidsville on April 9-10th.

Friday evening will be spent re-connecting and scheming about how everyone can stay in touch with another and with 4-H! In exchange for the low, registration rate of only \$15, everyone will participate in service projects around the camp on Saturday morning.

More information is available at <http://nc4halumni.com>.

Hill Arts Middle School

The 4-H club at Hill Arts Middle School received 400 daffodil bulbs from Keep Winston-Salem Beautiful. Their president, Siani Sutton received a Gold Key award from the Scholastic Art Competition at Barton College. At their last meeting they glazed terra cotta flower pots to use as a fundraiser. The money will be used to buy spring plants for the Unity Garden.

Congratulations to our 2010 County Record Project Book Winners

Overall County Champion Cumulative Record Books	Josiah Gourley
Nathan Barrick	Lindsey Hooker
Seth Barrick	Sidney Hooker
Adam Crawford	BJ Hutchins
Laura Hutchins	Laura Hutchins
Brandon Joyce	Chase Jarrard
Bryan Richardson	Clayton Jarrard
	Brandon Joyce
	Justyn Joyce
	Bailee Phagan
Overall County Champion Record Books	Brandon Phagan
Hope Arrowood	Brian Phagan
Nathan Barrick	David Allen Pledger
Samuel Barrick	Ashley Richardson
Seth Barrick	Ben Seats
	Katie Winemiller

4-H Talent Show

Registration for the 4-H Talent Show (due by 8 AM on Tuesday, April 20th)
Tuesday, May 4th, 6 PM

Youth Name: _____ **Age (as of 1/1/10):** _____
Club Name: _____ **Email:** _____ **Phone:** _____

Performing Act Title(s) (up to two)
(ex. Playing piano, singing, dancing, etc.)
1. _____
2. _____

Non-Performing Act Title(s) (up to two)
(ex. Something you sewed, drew, sculptured, etc.)
1. _____
2. _____

Fashion Revue (an article of clothing or outfit to be worn and modeled)
(ex. Shirt, blouse, skirt, pants, dress, etc.)
1. _____

List Special Equipment Needed: (Piano, microphone, chair, c.d. player, etc.)

4-H Presentations

Registration for 4-H Presentations (due by 8 AM Tuesday May 11th)
Competition Tuesday, May 25th, 6 PM

Name: _____ **Age (as of 1/1/10):** _____

Birthdate: _____

Presentation Title: _____

Presentation Category: _____

“WE ARE 4-H” 2010 ACHIEVEMENT NIGHT: THEN, NOW, AND FOREVER ...

Freezing rain! Snow! School closings! These were the culprits responsible for the postponement of the “We Are 4-H” Achievement Night. However, just one week later, here we are.

Imagine with me now as our 2010 Achievement Night gets started...you have just enjoyed a delicious barbecue and chicken meal with all the fixin’s. Now, if you haven’t noticed already, each table is decorated from a particular decade. While you are eating, you enjoy a selection of music from each decade. Nathan Barrick, the 2009 4-H County Council President walks up to the podium and opens Achievement Night. You notice that he is dressed like a farmer; in fact, you see a lot of people dressed-up from various decades. Next, Brandon Joyce (ME J), the outgoing 4-H County Council Vice-President, introduces some special guests. They talk about the upcoming Tanglewood Cup Steeplechase and the Kiwanis Pancake Jamboree, which sound interesting. Before the entertainment begins, Laura Hutchins, the 2009 4-H County Council Secretary, leads us in the Pledge of Allegiance; followed by Jessica Goodard, the outgoing 4-H County Council Reporter, with the 4-H Pledge. After the pledges, Seth Barrick, the 2009 4-H County Council Chaplain (a.k.a. “the Inspirational Leader”) gives a very inspiring thought for the day entitled, *Reach for a Star*.

Now comes the fun part: “*We Are 4-H: The Musical*.” Some of the local 4-H’ers tell, or rather sing the history of 4-H. After the musical is over, a 4-H’er or two from each table comes up to the stage and

recites a script that represents the decade of 4-H they are dressed up like. One of the scripts includes the infamous 4-H song *A Tutee Ta*; another script includes a rather funny “ghost” story. The youth from each table come up and receive their awards after their decade has been introduced. Now that the awards are done, the incoming officers are installed in a candle lighting ceremony. Nathan Barrick, as the incoming 2010 President, now closes one of the best Achievement Nights I can remember (if not THE best) with this statement, “Thank you for coming. I hope ya’ll have a safe trip home and a fabulous 2010 4-H year: Then, Now and Forever.

If you weren’t there, you really missed something.

Remember, you didn’t hear it from me, but...

4-H’er Bryan Richardson said, “Achievement Night was AWESOME!! Everyone did such a good job.”

4-H’er Hosanna Gourley said, “I really like the fact that everyone got to dress up.” She also said that she really liked my hair (it was pretty cool ;-)

Wendy Fulp, a 4-H Parent, said, “I really liked the music.”

4-H’er Justyn Joyce said, “I think we reached a new level for Achievement Night this year.”

Other people said that they really liked the fact that they got to learn a little about 4-H through each decade, they thought the “We Are 4-H” song was entertaining and educational, they liked the *White-Eyed Phantom* ghost story given by Hosanna Gourley, and several people said that this was the best Achievement Night ever!! I personally have to agree.

This is Brandon Joyce your 2010 4-H County Council reporter signing off, Thanks for reading my report!!

The following youth earned 4-H Achievement Medals during our Achievement Night ceremony:

Lynae Bowman, 5-6 Year
Carie Jarrard, 5-6 Year
Casie Jarrard, 5-6 Year

Alex Arrowood, 7-8 Year
Jadyn Hooker, 7-8 Year
Brynna Phagan, 7-8 Year
Andrew Pledger, 7-8 Year

Blaise Gourley, Green
Josiah Gourley, Green
Lindsey Hooker, Green
Sidney Hooker, Green
Chase Jarrard, Green
Clayton Jarrard, Green
Bailee Phagan, Green
Ben Seats, Green

Hope Arrowood, Bronze
BJ Hutchins, Bronze
Brandon Joyce, Bronze
Ashley Richardson, Bronze

Samuel Barrick, Silver
Laura Hutchins, Silver
David Allen Pledger, Silver

Nathan Barrick, Gold
Seth Barrick, Gold
Bryan Richardson, Gold

Visit http://forsyth.cc/ces/fourH_forms.aspx and scroll down to “Other Forms” to download a 4-H Achievement Plan.



4-H Coming Events



Below are some upcoming dates. Contact us for more information on any of these events.

<http://www.forsyth.cc/CES> 4H@forsyth.cc 336-703-2850

- March 25-26 [4-H Plant Sale](#)
- March 26 4-H [Paper Clover](#) sales begin at Tractor Supply in Rural Hall & Clemmons
- March 27 Free Kick Butts Day Children’s Carnival, 2100 Reynolds Park Road
- March 31 Reg. due for Young 4-H [Alumni Reunion](#)
- April 9-10 Young 4-H Alumni Reunion
- April 13 County Council Meeting, 4:30—6:00 PM
- April 15 Entries due for 4-H [Electric Congress](#)
- April 18 4-H Paper clover sales end at Tractor Supply in Rural Hall & Clemmons
- April 20 4-H Talent Show entries due by 8 AM
- April 23 Volunteer Appreciation Banquet, 11:30 am
- April 27 Entries due for NCD 4-H [Horse Show](#)
- April 30 [Japanese Exchange](#) applications due
- April 30 **OMK STATE Postmark Date**
- April TBA 4-H Summer Adventures Registration available
- May 4 4-H Talent show, 6 PM
- May 8 Tanglewood Cup [Steeplechase](#), Clemmons, NC
- May 11 Entries due for 4-H Presentations by 8 AM
- May 22 & 23 NC District 4-H Horse Show
- May 25 4-H Presentations, 6 PM
- May 25 **Beef Posters Due, 6 PM, “Care of Cattle”**
- May 25 **4-H Photos Due, 6 PM,**
“4-H in Action, Nature’s Beauty and 4-H Family”
8 AM Career Poster Entries Due
- June 14 4-H Citizenship Workshop (Summer Adventures)
- June 17 District 4-H Activity Day, Caswell County
- June 23 County Council trip to Greensboro
- June 25 4-H Music Camp (Summer Adventures)
- June 28-29 Registration due for 4-H Congress & State 4-H Presentations
- July 12-14 4-H Electric Congress
- July 16 8 AM, Poultry Posters Due, “Avian Health and Bio-Security”
- July 16 8 AM, Dairy Posters Due, “Dairy Makes Cents-June Dairy Month”
- July 19-22 4-H Congress, NCSU, Raleigh
- July 27-29 4-H Biotech Camp, East Wilkes Middle (Summer Adventures)
- Aug 3-5 4-H Hunter Safety Workshop (youth ages 10-18) (Summer Adventures)
- Aug 12 4-H Japanese Exchange Workshop (Summer Adventures)



**More
Hyperlinks
Coming
Soon!**



Congratulations Macy Plemmons

Macy Plemmons of the Magnolia Hunters 4-H Club, was selected as the American Miniature Horse Registry Youth of the Year for 2009.

NC 4-H Volunteer Leaders

Congratulations to Melinda Barrick, former leader of the Trailblazers 4-H Club, who earned one of the STATE 4-H Volunteer Club Leader of the Year Awards at the NC 4-H Volunteer Leaders Conference in Raleigh on February 6th.

