

Step Up Forsyth !

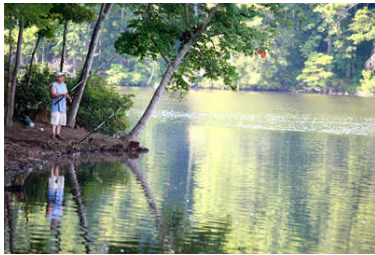
Week 6 Challenge

October 23—29



Name _____ Phone _____
Email _____

Visit a New Park !



Kernersville Lake Park,
Kernersville



Tanglewood Park, Clemmons



Rupert Bell, Winston-Salem

Our community has wonderful recreational facilities such as parks and greenways. This week's challenge is to visit one new park that you have not been to before and see what it has to offer. Tell us what you liked best about the park and what you did while you were there.

Park Name	What did you like?	What did you do?

To be eligible for the weekly prize, return this form by Monday, 11/7 using 1 of 5 ways:

- Drop form(s) off at Forsyth County Health Department (799 N Highland Ave)
- Scan form(s) and email it to stepupforsyth@forsyth.cc
- Fax to the Department of Public Health at 336-727-8034
- Mail to Step Up Forsyth!, Dept. of Public Health, PO Box 686, Winston-Salem, NC 27102-0686
- Go to www.forsyth.cc/PublicHealth/stepup_forsyth.aspx and click "challenge" to complete this form online