



Forsyth County 4-H Summer Adventures

2012



4-H Summer Adventures 2012

One child per form.

Name: _____ Parent/Guardian: _____

Address: _____ City: _____ Zip: _____

Telephone: (home) _____ (work) _____ (emergency) _____

Email Address: _____

Age as of 1/1/2012: _____ Grade Completed: _____ Race: _____ Gender: _____

T-SHIRT Size: YSM___ YMD___ YLG___ ASM___ AMD___ ALG___ AXL___ AXXL___ A/XXXL___
 Extra t-shirts may be ordered for \$8.00: YSM___ YMD___ YLG___ ASM___ AMD___ ALG___ AXL___ AXXL___ A/XXXL___



The 4-H program depends greatly on volunteers. Because of travel constraints, a limited number of volunteers are needed to chaperone trips. If you are available, please place a star beside the event on your child's registration form. If your help is needed, we will contact you. Volunteers are not expected to pay a registration fee. In return, they are expected to assist 4-H staff and instructors in any way possible to insure that participants are well chaperoned. This means it is not appropriate to bring additional children who are not registered participants.

_____ **The child registered on this form is under 8 years old or weighs less than 80 pounds; and will require a booster seat.**

Date	Vol	Title	Cost	Register	Date	Vol	Title	Cost	Register
June 21		Citizenship Forsyth County Focus	\$ 7		July 25-27		CSI Biotech Camp	\$ 10	
June 22		Sewing—scarf & potato holder	\$ 5		July 28-Aug 3		Farm to Table	\$ 25	
June 23		Emerald Point Water Park	Pay at gate		Aug 6-10		Chef & the Child	\$ 5	
July 13		Safe Sitter	\$ 2		Aug 16		Lorax/Environment Day	\$ 5	
July 23		Sewing—Tote Bag	\$ 5		Aug 17		Sewing—apron	\$ 5	
July 24		Veggie Gardening	\$ 10						

Subtotal #1 \$ _____

Subtotal #2 \$ _____



Forsyth County 4-H
 North Carolina Cooperative Extension Center
 1450 Fairchild Road
 Winston-Salem, NC 27105
 336-703-2850
<http://www.forsyth.cc/CES/4-H>

Additional t-shirts are \$8 x quantity _____ \$ _____
Subtotal #1 \$ _____
Subtotal #2 \$ _____
Registration Fee \$ 6.00
Total Amount Due \$ _____

Make checks payable to :
Forsyth County 4-H

Dates: June 21

Age: 11 - 18

Location: Forsyth Co. Government Center

Taught by: Trailblazer Teens 4-H Club and Various County employees and elected officials

Citizenship - Forsyth County Focus

Time: 9am - 4pm

Price: \$6



Want to learn what county commissioners and county staff do? Visit with the finance/budget department, attend a commissioners briefing and tour the Government Center in order to gain awareness of careers in local government as well as the importance of participating in local government. Includes lunch and a snack. Please wear nice school clothes! Meet at the Government Center at 210 Chestnut Street in Winston-Salem. Park on the lower level of the parking deck and enter the 1st floor to sign your child in.

Date: June 22

Age: 9 - 18

Location: Ag Building

Taught by: Forsyth County Needle Arts Sewing Club Members and 4-H Volunteers

Sewing - Scarf & Potato Holder

Time: 9:30am - 12:30 pm

Price: \$5



Bring your machine and work with an adult who will help you sew a scarf with a button-hole (a valuable skill to learn). We will also be making a potato holder to bake potatoes in the microwave. If you WANT to bring a special fabric for your scarf, you may and we will try to use it or we will provide fabric for you. If you do NOT have access to a machine, please let us know. A limited number of machines may be available for you to borrow.

Date: June 23

Age: 5 - 18

Location: 3910 S Holden Road Greensboro

Price: \$25 or \$19 <48" tall (plus \$7 parking)

4-H Day at Emerald Point

Time: 10am - 6 pm

Price: \$25 or \$19 <48" tall (plus \$7 parking)



Join other 4-Hers from across the state for a fun day at Emerald Point water park. Come play all day for one price. Registration information will be sent to anyone that marks the appropriate box on the registration form so that you can register directly with the park.

Date: July 13

Age: 12-18

Location: Ag Building

Taught by: Deborah Womack, M.S.; Extension Agent, Family and Consumer Sciences

Safe Sitter

Time: 9:30 am -11:30 am

Price: \$2

Bring a life size baby doll!

Learn the basics of safe sitting, roles and responsibilities of a sitter, activities to do with young children as well as handling difficult situations in caring for children.



Date: July 23

Age: 9 - 18

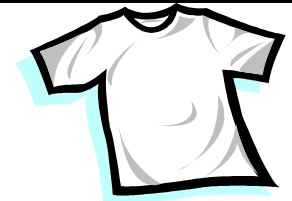
Location: Ag Building

Taught by: Forsyth County Needle Arts Sewing Club Members and 4-H Volunteers

Sewing - Tote Bag

Time: 9:30am - 12:30 pm

Price: \$5



Bring your machine and work with an adult who will help you sew a tote bag out of an old t-shirt; bring your own t-shirt or use an old 4-H t-shirt. If you do NOT have access to a machine, please let us know. A limited number of machines may be available for you to borrow.

Date: July 24

Age: 5-18

Location: Ag Building

Taught by: Craig Mauney and Extension Master Gardener Volunteers

Veggie/Dish Gardening

Time: 9:00 am - 4:00 pm

Price: \$10



Learn the basics of vegetable gardening, create a dish garden to take home (and hopefully maintain to enter in the Dixie Classic Fair) through hands-on activities from planting to harvesting. Youth will be divided into age groups for their activities. Lunch will be harvested from the vegetable garden with store-bought items added. Wear clothing suited for outdoor activities, closed-toe shoes, shorts or pants and optional sunscreen and insect repellent.

Dates: July 25-27

Age: Rising 6th - 8th graders

Location: Ag Bldg (transportation is provided to the Guilford Cooperative Extension Center

Price: \$15 (includes lunch and materials!) Sponsored by Time Warner Cable

CSI: 4-H Investigates!

Time: 8:30am - 4:30pm



Crime Scene Investigation! Solve a mystery! We will meet at the Forsyth County Ag Building and travel to the Guilford County Ag Building and then begin our program, which includes blood, hair, fingerprint, shoe and DNA analysis, a visit to the county courthouse & the jail and meet two working dogs! Must wear close-toed shoes, comfortable for walking. Snacks & lunch will be provided.

Registration deadline is June 15th! Priority is given to NEW participants.

Dates: July 30-Aug 3

Age: 9-18

Location: Meet at the Ag Bldg M-Th and at the Ag Bldg at 7:45 or Tanglewood Park at 8:30 am on Friday

Price: \$25 Generously sponsored by **Forsyth County Farm Bureau**

Taught by: April Bowman, Tim Hambrick, Craig Mauney, NC Farmers and Museum Staff

Travel to Kenly, NC by chartered bus to the Tobacco Farm Life Museum for Heritage Crafts. A southern style lunch will be provided on Monday. From there, visit a working cotton, tobacco, corn and soybean farm in Johnston County. We will also tour a dairy, sample dairy products, visit the Lazy 5 Ranch in Mooresville to see exotic and farm animals, visit a produce farm that participates in a local growers co-operative and visit a historical farm. On Friday, you can meet us at the Extension Center or meet us at the Tanglewood Arboretum for a tour of the greenhouse and gardens. After a tour of the newly planted forest, bring your swimsuit for an afternoon of swimming in the pool.

Please bring a bag lunch Tuesday-Friday. Bring your own sunscreen and bug repellent.

Farm to Table

Time: 7:45 am - 5:15 pm



Dates: Aug 6-10

Age: 8 - 12

Location: Ag Building

Taught by: Chef Don McMillan, Various Other Professional Chefs, Jennifer Brown, April Bowman, Gloria Smith & Volunteers

Chef & the Child

Time: 9am - 12 noon

Price: \$5



Come work with professional chefs to learn how to create tasty and healthy meals. Learn about nutrition, cooking/kitchen safety and food preparation. Be sure to wear **closed-toe shoes**. Those with long hair should wear their hair pulled back.

This workshop may not be repeated so if you have previously participated you are unable to register. Thank you.

Dates: Aug 16

Age: 9 - 18

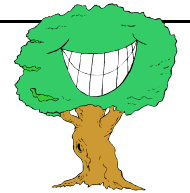
Location: Ag Building

Taught by: Craig Mauney and April Bowman

Environmental Fun Day

Time: 9am - 3pm

Price: \$5



Watch the movie "The Lorax" (a classic tale of a forest creature who shares the enduring power of hope) and then learn about the environment through hands-on activities from Project Learning Tree including: "Who Speaks for the Trees?", "We All Need Trees", "Three Cheers for Trees" and more. This workshop will focus on how we can be responsible and sustainable with our forests.

Dates: Aug 17

Age: 9 - 18

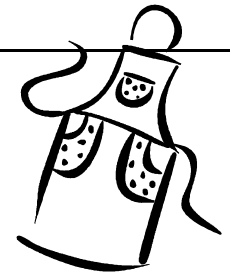
Location: Ag Building

Taught by: Forsyth County Needle Arts Sewing Club Members and 4-H Volunteers

Sewing - Apron

Time: 9:30am - 12:30 pm

Price: \$5



Bring your machine and work with an adult who will help you sew an apron that can be entered in the Dixie Classic Fair. Bring your own fabric if you have a particular piece that you would like to use and we will try to accommodate it or we will provide fabric for you. If you do NOT have access to a machine, please let us know. A limited number of machines may be available for you to borrow.

Forsyth County 4-H 2012 Summer Adventures

We have planned lots of fun and exciting events and are looking forward to you joining us.

- Space is limited and is available on a first come, first serve basis to all Forsyth County youth; however, active 4-H members are allowed to register first.
- Refunds will be made **ONLY** if session has been filled or cancelled, and will be mailed in August 2012.
- Participants should wear comfortable shoes and clothing for all outdoor sessions. Sandals, flip-flops, or open-toed shoes of any kind are not acceptable for outdoor activities and **participant may not be allowed to participate if such footwear is worn.**
- For all trips and activities, Forsyth County 4-H, its staff and volunteers, **are not responsible** for sunburn or insect bites and **will not** administer either sunscreen or insect repellent. Parent/Guardian is responsible for applying these protective agents.
- All events operate under the **4-H Code of Conduct and Disciplinary Procedure** which is a condition of participation in 4-H events and activities.
- After you register, you will be sent a packet of 4-H forms to complete, including a Medical Release form that must be notarized, a 4-H Enrollment form and an Informed Consent form (unless we have one that is valid through 09-2012). Your child **will not be allowed to participate without** all forms being completed. You may also download these from the "Forms" page on our website at <http://www.forsyth.cc/CES/4-H/> and submit them with your registration fee.
- **For accommodations for persons with disabilities or food allergies, contact Forsyth County 4-H, at 336.703.2850, no later than fourteen days before the event.**

The one-time registration fee of \$6.00 provides for a t-shirt.
Workshop fees cover a snack for all programs and workshop materials.

There are only 2 ways to register:

1. **MAIL:** Send completed registration form(s) and check made payable to **Forsyth County 4-H** to: Forsyth County 4-H
1450 Fairchild Road
Winston-Salem, NC 27105
- OR**
2. **IN PERSON:** Stop by the 4-H Office at the Agricultural Building (**Monday-Friday, 8:30am-1:00 pm or 2:00 pm-4:30 pm**) with your registration form(s) and check or the exact amount of cash. 4-H members may use scholarship dollars.

***ABSOLUTELY NO REGISTRATION WILL BE TAKEN BY PHONE or FAX and we cannot "save" spaces without registration.**

***PLEASE NOTE THAT MEDICAL RELEASE FORMS MUST BE NOTARIZED; however, there MAY be a notary public in our office that can notarize these forms for you.**

For more information or to have a registration form either faxed or mailed to you, call 703-2850 or visit us at <http://www.forsyth.cc/CES/4-H/>.

Please be prepared to have an adult sign your child(ren) (age 12 and under) in and out of every event.



The Forsyth County 4-H Staff looks forward to serving

the youth of Forsyth County through "4-H Summer Adventures 2012".

April W. Bowman

April Bowman

Extension Agent

4-H Youth Development

Donald Mebane

Donald Mebane

Extension Agent

4-H Youth Development



North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T University, U.S. Dept. of Agriculture and local governments cooperating.